

Intentional Discipleship - Accountability

Starts with Self Awareness -

How is it with your Soul? In your inmost being?

Romans 12:3, Proverbs 4:7, Psa 139:13, Luke 1:51

How do you process? Are you consistently intentional about it?

Embrace Curiosity, Awareness, and Growth

How do we start? (*Brene Brown - Rising Strong*)

Reckoning Identify Emotions

Rumble Cause and Effect

Revolution Ownership and Change

“The unexamined life is not worth living” - Socrates

4 lessons of self awareness - *Warren Bennis “On Becoming a Leader”*

1. You are your own best teacher
2. Accept responsibility, Blame no one
3. You can learn anything you want to learn
4. True understanding comes from reflecting on your experience

Self awareness leads to communal living

Bottom-line: God created us to be communal beings, to live together in presence and proximity.

Life is Better Together:

Ecc 4:9-12

1. The Christian Life is not meant to be a lived individually. (v. 9)

- We need to have the courage to step in and listen to the heartbeat of another.
- We need to be selfless with no agenda & transparent to share.
- We need to give it time to marinate

2. Christian Community is a place for Personal Growth (v. 10)

- There is comfort in community
- There is strength in community
- There is courage in community
- There is protection in community
- There is accountability in community

3. Christ is the bonding agent of all healthy relationships. (v. 12)

- All lasting relationships require the integration of Jesus.

How?

Healthy Vulnerability

- Build a foundation of Trust
- Appropriate Sharing

Boundaries (Proverbs 4:23)

- Best defense is a good defense

Commissioning - (Matthew 28:16-20)

- Go and Make disciples